## IN THE CLAIMS:

1. (Currently amended) Agent for producing a satiety effect for weight loss consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt, and wherein the agent also contains active ingredients.

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- 2. (Previously presented) Agent according to Claim 1, wherein the agent is present in compressed form.
- 3. (Previously presented) Agent according to Claim 1, wherein the agent contains alginate or pectin or a combination thereof as the anionic polymer.
- 4. (Previously presented) Agent according to Claim 1, wherein the agent is present as an aluminum alginate, aluminum pectinate, or combination thereof.
- 5. (Cancel)
- 6. (Previously presented) Agent according to Claim 1, wherein the agent contains vitamins, trace elements, or medicinal compounds as active ingredients.